



# THE SOUTHPORT MAD DOG 10K RUN SUNDAY 12th FEB 2012

UKA Affiliation Number 2662979 UKA Race Licence Number 2012-102743

**Incredible Value...** A fantastic run featuring...

**OFFICIAL CHIP TIMING\*** for all entrants (by CHAMP-CHIP),  
A MAD DOG 2 **MEDAL** AND A Fantastic **GOODY BAG**,  
Plus (NEW for 2012) A TECHNICAL RUNNING **T-SHIRT\*** (RRP £20)  
Fantastic **SPOT PRIZES** for 1 in 10 runners, **WINNERS PRIZES**  
1st 2nd 3rd Male & Female plus VET Category Prizes

**FREE** Pre & Post Race Massage, **FREE** Fresh Fruit, Showers & Changing Facilities

\*NOT available for the Crazy Pups Race

## RACE STARTS 10.30AM SUNDAY 12TH FEB 2012

Start & Finish at Stanley High School, Southport

Entries in advance: **£19.00 NON Club Runners** - **£17.00 Club Runners** (affiliated)



Also **CRAZY PUPS RACE**  
**1 MILE RUN** for under 16's  
**Entry fees: £5 in advance**  
**£6 on the day** (Includes Goody Bag & medal)  
Crazy Pups Race **Starts 10am**  
**Maximum Entrants - 200**

Enter by Post (form overleaf)  
or Enter Online at:  
**www.maddog10k.co.uk**

Full details on the website

Officially UKA Measured course

ALL PROCEEDS FROM THIS RACE GO TO LOCAL CHARITIES...

## ALL ENTRIES WELCOME... WHATEVER YOUR ABILITY!



**ROUNDTABLE**  
SOUTHPORT HESKETH 1199



February 2011 - MAD DOG 10k  
**RATED 97% BY RUNNERS ON:**  
**RUNNER'S WORLD**  
.CO.UK



**Heaton's**  
Complete Office Solutions

**HIGHS**  
ADVANCED SPORTS NUTRITION

**Visiter**  
Southport  
.co.uk

**ORIGINAL SOURCE**

**UDDERLY SMOOTH**

**HSBC**  
Global Asset Management



**The co-operative**

**EAT NATURAL**  
Simple... isn't it?

**NATIONWIDE**  
PRODUCE PLC

**maxinutrition**

**Ricola**

**GES** G. COLLIER & SONS LTD  
Electrical Contractors & Service Engineers

**Benson & Clark**  
vending services  
Trusted to deliver excellence.

**INTERNATIONAL PRODUCE MARKETING**

**LO SALT**

**Sorensen**  
FINANCIAL SERVICES  
Independent Financial Advice

**RUN-IT**  
www.run-it.co.uk

**TESCO**

**Jointace**

**Schroders**

**P.BRADSHAW**  
ELECTRICAL & IT SUPPORT



# SOUTHPORT MAD DOG 10K ENTRY FORM

## RACE STARTS 10.30AM SUNDAY 12TH FEB 2012

Entries in advance: **£19.00 NON Club Runners** - **£17.00 Club Runners** (affiliated)

TICK BOX for entry into the 10k (NON Club Runner):  10k (Club Runner):  1 mile Crazy Pups:

YOU CAN ALSO APPLY ONLINE AT:  
[www.maddog10k.co.uk](http://www.maddog10k.co.uk)

**CLOSING DATE FOR POSTAL & ONLINE ENTRIES:**  
**January 25th 2012** Maximum Entrants - 1200

PLEASE USE BLOCK CAPITALS

Dr:  Mr:  Mrs:  Miss:  Surname:  First Name:

Date of Birth:  /  /  Age on Race Day:  Gender - Male:  Female:

Address:

Postcode:

E-Mail:

Running Club:  (if applicable) Mobile Number:

Preferred **UNISEX** T-Shirt\* Size:

S:  M:  L:  XL:

NOTE: Shirts **STRICTLY** SUBJECT TO AVAILABILITY we will try to supply your chosen size - THIS IS NOT A COTTON SHIRT IT IS A TECHNICAL RUNNING SHIRT

NOTE: We **MUST** have your MOBILE NUMBER if you want your finishing time texting to you on the day **AND** if you want to enter the spot prize competition - IMPORTANT: we will not pass your mobile number on to anybody else

I enclose a cheque payable to "SHRT MAD DOG" to the value of: **£**

**£19.00** for NON Club Runners  
**£17.00** for Club Runners (affiliated)  
**£5.00** for Crazy Pups Runners

**DECLARATION:** A signed entry form will be considered as an acceptance of governing body rules and a declaration that you will compete on foot and run entirely at your own risk. **NOTE:** No accompanying dogs or following cycles allowed. **AGE LIMITS:** Competitors must be 16 or over to run. **NOTE:** Entry fees are non-refundable. I declare that I am an amateur by UKA laws and that I am fit to run. I do not hold the race organiser responsible for any injury or loss. I confirm that I have read the full terms & conditions of entry on the web site - [www.maddog10k.co.uk](http://www.maddog10k.co.uk)

Signed:  Name of parent/guardian:

(if entry for Crazy Pups runner under 16)  
NOTE: Signature MUST be of parent/guardian of Crazy Pups entrant(s).

Date:  /  /

**IMPORTANT NOTES:** Do you have any additional information that may be of interest to the race commentator? If yes, please tick here:  and list on a separate sheet. If you have a medical condition or impairment that you wish to advise the race organisers of, tick here:  and list in detail on a separate sheet. **DATA PROTECTION:** If you do not wish any details to be passed on to a third party, including other event related organisations such as the race photographer, tick here:

**REMEMBER - SEND YOUR COMPLETED FORM DIRECT TO:**  
**Race Director, Mad Dog 10k, Premier Wealth Management,**  
**Premier House, Wight Moss Way, Southport, PR8 4HQ**

\*NOT available for the Crazy Pups Race