

EAST HULL HARRIERS & ATHLETIC CLUB

WINTER LEAGUE 2018-19 RACE 5 – RIVERBANK 7 MILE – 9.2.19

| Pos | No. | Name | M/ | | H'cap | | Points | Pos | M | F | Name | Actual Time |
|-----|-----|--------------------------|----|------|-------|-------|--------|-----|----|----|--------------------------|-------------|
| | | | F | Club | Time | H'cap | | | | | | |
| 1 | 407 | Paul Ream | M | EHH | 66:11 | 04:45 | 40 | 1 | 1 | | Nigel Sisson | 44:48 |
| 2 | 429 | Gary Jensen | M | EHH | 70:45 | 14:00 | 39 | 2 | 2 | | Gary Couzens | 44:58 |
| 3 | 449 | Paul Wray | M | EHH | 70:55 | 23:00 | 38 | 3 | 3 | | Mark Bissell | 47:22 |
| 4 | 430 | Gary Bogg | M | EHH | 71:11 | 15:00 | 37 | 4 | 4 | | Paul Wray | 47:55 |
| 5 | 422 | David Anderson | M | EHH | 71:25 | 10:45 | 36 | 5 | 5 | | Oliver Burnett | 49:39 |
| 6 | 457 | Kevin Sharp | M | EHH | 71:56 | 16:00 | 35 | 6 | 6 | | Tim Groves | 49:43 |
| 7 | 405 | Laura Gunstead Palframan | F | EHH | 72:01 | 02:00 | 30 | 7 | 7 | | Kristopher Hopkins | 51:37 |
| 8 | 400 | David Walmsley | M | EHH | 72:25 | 00:00 | 34 | 8 | 8 | | Mark Gadie | 52:43 |
| 9 | 425 | Rachael Sharp | F | EHH | 72:42 | 12:35 | 29 | 9 | 9 | | Paul Nippress | 53:04 |
| 10 | 417 | David Butt | M | EHH | 72:48 | 10:00 | 33 | 10 | 10 | | Graeme Smith | 53:15 |
| 11 | 451 | Oliver Burnett | M | EHH | 72:54 | 23:15 | 32 | 11 | 11 | | Alan Smith | 53:31 |
| 12 | 421 | Paul Andrews | M | EHH | 73:04 | 10:30 | 31 | 12 | 12 | | Richard Stanton | 53:48 |
| 13 | 434 | Stephen Tichopad | M | EHH | 73:04 | 15:45 | 30 | 13 | 13 | | Andrew Watson | 54:43 |
| 14 | 439 | Andrew Watson | M | EHH | 73:28 | 18:45 | 29 | 14 | | 1 | Kirsty Wilson | 55:30 |
| 15 | 410 | Matthew Robinson | M | EHH | 73:29 | 06:00 | 28 | 15 | 14 | | Martin Hardey | 55:42 |
| 16 | 442 | Richard Stanton | M | EHH | 73:33 | 19:45 | 27 | 16 | 15 | | Kevin Sharp | 55:56 |
| 17 | 432 | Emily Wix | F | EHH | 73:38 | 15:30 | 28 | 17 | 16 | | Chris Flowers | 56:10 |
| 18 | 427 | Magdalena Zaremba | F | EHH | 73:40 | 13:15 | 27 | 18 | 17 | | Gary Bogg | 56:11 |
| 19 | 443 | Mark Gadie | M | EHH | 73:43 | 21:00 | 26 | 19 | 18 | | Gary Fee | 56:40 |
| 20 | 437 | Gary Fee | M | EHH | 73:55 | 17:15 | 25 | 20 | 19 | | Gary Jensen | 56:45 |
| 21 | 435 | Gary Forrester | M | EHH | 73:56 | 16:45 | 24 | 21 | 20 | | Gary Forrester | 57:11 |
| 22 | 454 | Gary Couzens | M | EHH | 73:58 | 29:00 | 23 | 22 | 21 | | Ashley Jacketts | 57:14 |
| 23 | 456 | Nigel Sisson | M | EHH | 74:03 | 29:15 | 22 | 23 | 22 | | Stephen Tichopad | 57:19 |
| 24 | 438 | Martin Hardey | M | EHH | 74:12 | 18:30 | 21 | 24 | | 2 | Emily Wix | 58:08 |
| 25 | 452 | Tim Groves | M | EHH | 74:13 | 24:30 | 20 | 25 | 23 | | John Savage | 59:49 |
| 26 | 436 | Ashley Jacketts | M | EHH | 74:14 | 17:00 | 19 | 26 | | 3 | Debbie Jacketts | 60:00 |
| 27 | 424 | Janet Kay | F | EHH | 74:29 | 11:00 | 26 | 27 | | 4 | Rachael Sharp | 60:07 |
| 28 | 450 | Kristopher Hopkins | M | EHH | 74:37 | 23:00 | 18 | 28 | | 5 | Magdalena Zaremba | 60:25 |
| 29 | 401 | Dawn Oades | F | EHH | 74:50 | 01:00 | 25 | 29 | 24 | | David Anderson | 60:40 |
| 30 | 420 | Lee Campbell | M | EHH | 75:00 | 10:30 | 17 | 30 | 25 | | Paul Ream | 61:26 |
| 31 | 440 | Kirsty Wilson | F | EHH | 75:00 | 19:30 | 24 | 31 | 26 | | Paul Andrews | 62:34 |
| 32 | 418 | Janet Suddaby | F | EHH | 75:03 | 10:00 | 23 | 32 | | 6 | Shirley Oglesby | 62:34 |
| 33 | 426 | Shirley Oglesby | F | EHH | 75:09 | 12:35 | 22 | 33 | 27 | | David Butt | 62:48 |
| 34 | 431 | Debbie Jacketts | F | EHH | 75:15 | 15:15 | 21 | 34 | | 7 | Janet Kay | 63:29 |
| 35 | 444 | Paul Nippress | M | EHH | 75:19 | 22:15 | 16 | 35 | | 8 | Linda Huart | 64:04 |
| 36 | 412 | Steve Cronan | M | EHH | 75:24 | 07:00 | 15 | 36 | 28 | | Lee Campbell | 64:30 |
| 37 | 433 | John Savage | M | EHH | 75:34 | 15:45 | 14 | 37 | | 9 | Janet Suddaby | 65:03 |
| 38 | 419 | Kelvin Westerman | M | EHH | 75:38 | 10:00 | 13 | 38 | 29 | | Kelvin Westerman | 65:38 |
| 39 | 441 | Chris Flowers | M | EHH | 75:55 | 19:45 | 12 | 39 | | 10 | Phoebe Gawthorpe | 67:26 |
| 40 | 448 | Graeme Smith | M | EHH | 76:15 | 23:00 | 11 | 40 | 30 | | Matthew Robinson | 67:29 |
| 41 | 447 | Alan Smith | M | EHH | 76:31 | 23:00 | 10 | 41 | 31 | | Steve Cronan | 68:24 |
| 42 | 458 | Mark Bissell | M | EHH | 76:37 | 29:15 | 10 | 42 | | 11 | Laura Gunstead Palframan | 70:01 |
| 43 | 428 | Linda Huart | F | EHH | 77:34 | 13:30 | 20 | 43 | | 12 | Maxine Hardey | 70:38 |
| 44 | 411 | Maxine Hardey | F | EHH | 77:38 | 07:00 | 19 | 44 | 32 | | David Walmsley | 72:25 |
| 45 | 423 | Phoebe Gawthorpe | F | EHH | 78:11 | 10:45 | 18 | 45 | 33 | | David Rimmer | 73:32 |
| 46 | 409 | David Rimmer | M | EHH | 78:32 | 05:00 | 10 | 46 | | 13 | Dawn Oades | 73:50 |
| 47 | 414 | Michelle Hillaby | F | EHH | 81:38 | 07:45 | 17 | 47 | | 14 | Michelle Hillaby | 73:53 |
| 48 | 415 | Mike Murray | M | EHH | 81:38 | 07:45 | 10 | 48 | 34 | | Mike Murray | 73:53 |

EAST HULL HARRIERS & ATHLETIC CLUB
WINTER LEAGUE 2018-19 LEAGUE TABLES

| LADIES | RACE 1 | RACE 2 | RACE 3 | RACE 4 | RACE 5 | TOTAL |
|--------------------------|---------------|---------------|---------------|---------------|---------------|--------------|
| Phoebe Gawthorpe | 28 | 24 | 19 | 20 | 18 | 109 |
| Rachael Sharp | 0 | 30 | 26 | 24 | 29 | 109 |
| Janet Kay | 0 | 26 | 22 | 28 | 26 | 102 |
| Jan Suddaby | 24 | 0 | 30 | 23 | 23 | 100 |
| Shirley Oglesby | 21 | 20 | 20 | 17 | 22 | 100 |
| Kirsty Wilson | 0 | 28 | 24 | 22 | 24 | 98 |
| Magdalena Zaremba | 26 | 0 | 27 | 16 | 27 | 96 |
| Laura Gunstead Palframan | 30 | 14 | 0 | 15 | 30 | 89 |
| Maxine Hardey | 29 | 11 | 0 | 25 | 19 | 84 |
| Debbie Jacketts | 25 | 17 | 0 | 19 | 21 | 82 |
| Katie Seddon | 0 | 27 | 21 | 29 | 0 | 77 |
| Michelle Smith | 0 | 29 | 28 | 18 | 0 | 75 |
| Dawn Oades | 17 | 0 | 0 | 30 | 25 | 72 |
| Emily Wix | 0 | 23 | 0 | 21 | 28 | 72 |
| Linda Huart | 23 | 13 | 0 | 0 | 20 | 56 |
| Tina Wigglesworth | 0 | 22 | 0 | 27 | 0 | 49 |
| Alison Hayes | 0 | 25 | 23 | 0 | 0 | 48 |
| Mandy Davison | 27 | 19 | 0 | 0 | 0 | 46 |
| Sarah Rose Crawford | 0 | 0 | 29 | 0 | 0 | 29 |
| Mary Carrick | 0 | 10 | 18 | 0 | 0 | 28 |
| Sara Rookyard | 18 | 10 | 0 | 0 | 0 | 28 |
| Nicky Rudland | 0 | 0 | 0 | 26 | 0 | 26 |
| Sarah Padfield | 0 | 0 | 0 | 0 | 0 | 25 |
| Laura Pinder | 22 | 0 | 0 | 0 | 0 | 22 |
| Jayne Earle | 0 | 21 | 0 | 0 | 0 | 21 |
| Helen Horrobin | 20 | 0 | 0 | 0 | 0 | 20 |
| Beth Dearing | 19 | 0 | 0 | 0 | 0 | 19 |
| Sheila Maddison | 0 | 18 | 0 | 0 | 0 | 18 |
| Michelle Hillaby | 0 | 0 | 0 | 0 | 17 | 17 |
| Emma Janyne Brackstone | 0 | 16 | 0 | 0 | 0 | 16 |
| Penny Darmody | 16 | 0 | 0 | 0 | 0 | 16 |
| Cally Harrison | 0 | 15 | 0 | 0 | 0 | 15 |
| Maria David | 15 | 0 | 0 | 0 | 0 | 15 |
| Linda Douglas | 0 | 12 | 0 | 0 | 0 | 12 |

EAST HULL HARRIERS & ATHLETIC CLUB

WINTER LEAGUE 2018-19 LEAGUE TABLES

| MEN | RACE 1 | RACE 2 | RACE 3 | RACE 4 | RACE 5 | TOTAL |
|------------------|---------------|---------------|---------------|---------------|---------------|--------------|
| Tim Groves | 33 | 0 | 39 | 37 | 20 | 129 |
| Gary Fee | 36 | 32 | 15 | 19 | 25 | 127 |
| Mark Gadie | 26 | 38 | 17 | 20 | 26 | 127 |
| Paul Ream | 17 | 30 | 24 | 13 | 40 | 124 |
| Richard Stanton | 39 | 11 | 33 | 14 | 27 | 124 |
| Andrew Watson | 23 | 23 | 32 | 16 | 29 | 123 |
| Nigel Sisson | 27 | 18 | 31 | 25 | 22 | 123 |
| David Walmsley | 10 | 15 | 38 | 25 | 34 | 122 |
| Paul Wray | 30 | 12 | 20 | 15 | 38 | 115 |
| Graeme Smith | 0 | 34 | 30 | 39 | 11 | 114 |
| Steve Tichopad | 18 | 26 | 0 | 35 | 30 | 109 |
| Kevin Sharp | 0 | 28 | 11 | 33 | 35 | 107 |
| Gary Couzens | 0 | 29 | 19 | 32 | 23 | 103 |
| Paul Andrews | 40 | 10 | 10 | 12 | 31 | 103 |
| Steve Cronan | 10 | 10 | 37 | 27 | 15 | 99 |
| Paul Nippress | 11 | 22 | 22 | 22 | 16 | 93 |
| Lee Campbell | 10 | 10 | 12 | 40 | 17 | 89 |
| Gary Bogg | 0 | 10 | 28 | 10 | 37 | 85 |
| David Butt | 0 | 25 | 25 | 0 | 33 | 83 |
| Darren White | 0 | 24 | 27 | 31 | 0 | 82 |
| Kelvin Westerman | 10 | 0 | 29 | 29 | 13 | 81 |
| Kris Hopkins | 0 | 39 | 23 | 0 | 18 | 80 |
| Tony Cross | 21 | 20 | 0 | 38 | 0 | 79 |
| Will Banks | 34 | 40 | 0 | 0 | 0 | 74 |
| Oliver Burnett | 0 | 0 | 18 | 21 | 32 | 71 |
| Gary Jensen | 10 | 10 | 10 | 0 | 39 | 69 |
| Dave Anderson | 22 | 10 | 0 | 0 | 36 | 68 |
| Lewis Suddaby | 38 | 0 | 0 | 30 | 0 | 68 |
| Martin Hardey | 10 | 16 | 0 | 18 | 21 | 65 |
| John Savage | 10 | 14 | 0 | 26 | 14 | 64 |
| Matty Hayes | 0 | 0 | 36 | 28 | 0 | 64 |
| Adrian Kamis | 0 | 13 | 26 | 23 | 0 | 62 |
| Pete Robinson | 24 | 33 | 0 | 0 | 0 | 57 |
| Matthew Robinson | 15 | 0 | 10 | 0 | 28 | 53 |
| Dave Cracknell | 31 | 21 | 0 | 0 | 0 | 52 |
| Keith Gadie | 32 | 19 | 0 | 0 | 0 | 51 |
| Tim Simpson | 0 | 10 | 40 | 0 | 0 | 50 |
| Phil Harland | 10 | 10 | 10 | 17 | 0 | 47 |
| Mike Jackson | 20 | 10 | 14 | 0 | 0 | 44 |
| Mike Murray | 10 | 10 | 10 | 0 | 10 | 40 |
| Alan Smith | 29 | 0 | 0 | 0 | 10 | 39 |
| Dave Playforth | 0 | 37 | 0 | 0 | 0 | 37 |
| Lee Alcock | 37 | 0 | 0 | 0 | 0 | 37 |
| Ellis Oliver | 0 | 36 | 0 | 0 | 0 | 36 |
| Shaun Alcock | 0 | 0 | 0 | 36 | 0 | 36 |
| Neil Seddon | 0 | 0 | 35 | 0 | 0 | 35 |
| Tom Mawer | 0 | 35 | 0 | 0 | 0 | 35 |
| Tony Alcock | 35 | 0 | 0 | 0 | 0 | 35 |
| Andrew Deyes | 0 | 0 | 34 | 0 | 0 | 34 |
| Gary Forrester | 0 | 0 | 0 | 10 | 24 | 34 |
| Mike Hargreaves | 0 | 0 | 0 | 34 | 0 | 34 |
| Bill Dixon | 0 | 10 | 21 | 0 | 0 | 31 |
| Phil McCoy | 0 | 31 | 0 | 0 | 0 | 31 |
| Ashley Jacketts | 0 | 0 | 0 | 11 | 19 | 30 |

| MEN CONTNUED | RACE 1 | RACE 2 | RACE 3 | RACE 4 | RACE 5 | TOTAL |
|---------------------|---------------|---------------|---------------|---------------|---------------|--------------|
| Steven Poulson | 10 | 10 | 10 | 0 | 0 | 30 |
| Neil Gordon | 28 | 0 | 0 | 0 | 0 | 28 |
| Ian Grewar | 0 | 27 | 0 | 0 | 0 | 27 |
| Chris Sumpton | 10 | 0 | 16 | 0 | 0 | 26 |
| Richard Buckle | 25 | 0 | 0 | 0 | 0 | 25 |
| Chris Wiles | 0 | 10 | 13 | 0 | 0 | 23 |
| Keith Conkerton | 10 | 10 | 0 | 0 | 0 | 20 |
| Ben Eves | 19 | 0 | 0 | 0 | 0 | 19 |
| Adam Callan | 0 | 17 | 0 | 0 | 0 | 17 |
| John Crosby | 16 | 0 | 0 | 0 | 0 | 16 |
| Shaun Atkinson | 14 | 0 | 0 | 0 | 0 | 14 |
| Matthew Pinder | 13 | 0 | 0 | 0 | 0 | 13 |
| Richard Alsop | 12 | 0 | 0 | 0 | 0 | 12 |
| Chris Flowers | 0 | 0 | 0 | 0 | 12 | 12 |
| Calvin Taylor | 10 | 0 | 0 | 0 | 0 | 10 |
| Grahan Havercroft | 0 | 10 | 0 | 0 | 0 | 10 |
| Martin Walker | 0 | 10 | 0 | 0 | 0 | 10 |
| Ross Parker | 10 | 0 | 0 | 0 | 0 | 10 |
| Tony Goulding | 0 | 10 | 0 | 0 | 0 | 10 |
| Mark Bissell | 0 | 0 | 0 | 0 | 10 | 10 |
| David Rimmer | 0 | 0 | 0 | 0 | 10 | 10 |