

Pos	Num	Fore name	Surname	Club	R1	R2	R3	R4	Total
1	796	Simon	Adcock	Kingston Upon Hull AC	29	74	91	98	292
2	771	Alan	Smith	East Hull Harriers & AC	91	86	89	25	291
3	670	Jane	Longley	Withernsea Harriers	0	68	95	90	253
4	611	Dominique	Webster	Bridlington Road Runners	81	68	93	10	252
4	621	Linda	Douglas	East Hull Harriers & AC	89	50	64	49	252
6	660	Karen	Park	West Hull Ladies	60	10	96	84	250
7	601	Megan	Chown	Beverley AC	75	64	48	55	242
8	661	Angharad	Shepherdson	West Hull Ladies	82	75	10	72	239
9	721	John	Pawson	City of Hull AC	62	90	71	14	237
10	833	John	Escritt	City of Hull AC	0	55	89	92	236
11	615	Karen	Scott	City of Hull AC	83	81	48	13	225
12	778	Sean	Thompson	East Hull Harriers & AC	30	70	64	52	216
13	642	Jan	Suddaby	East Hull Harriers & AC	10	93	64	45	212
13	813	Stephen	Oxburgh	Unattached	10	10	99	93	212
15	707	Paul	Brown	Bridlington Road Runners	76	59	10	66	211
16	804	Chrisian	Jordan	Vegan Runners	24	79	64	43	210
17	605	Samantha	Bollon	Bridlington Road Runners	99	86	23	0	208
17	644	Tina	Wigglesworth	East Hull Harriers & AC	17	80	22	89	208
17	815	Mike	Salvidge	Unattached	47	0	86	75	208
20	785	Tony	White	East Hull Harriers & AC	73	77	57	0	207
21	740	Oliver	Burnett	East Hull Harriers & AC	35	60	51	60	206
22	619	Sarah	Crawford	East Hull Harriers & AC	0	92	32	77	201
22	634	Shirley	Oglesby	East Hull Harriers & AC	45	82	64	10	201
24	753	Kristopher	Hopkins	East Hull Harriers & AC	57	10	70	62	199
25	724	Peter	Taylor	City of Hull AC	98	10	10	80	198
26	632	Venika	Moverley	East Hull Harriers & AC	10	35	98	54	197
26	746	Chris	Flowers	East Hull Harriers & AC	10	43	79	65	197
28	643	Katy	White	East Hull Harriers & AC	10	0	86	100	196
29	802	Nigel	Pennington	Scunthorpe & District AC	90	10	10	85	195
30	630	Demi	Johnston	East Hull Harriers & AC	87	12	83	10	192
30	716	Jeffrey	Copping	City of Hull AC	79	34	10	69	192
30	731	David	Anderson	East Hull Harriers & AC	10	98	74	10	192
33	703	Stephen	Logan	Beverley AC	10	10	72	99	191
34	624	Phoebe	Gawthorpe	East Hull Harriers & AC	38	10	90	52	190
35	709	Robert	Eyre	Bridlington Road Runners	81	79	18	11	189
36	748	Mark	Gadie	East Hull Harriers & AC	49	10	51	78	188
36	787	Dave	Wilson	East Hull Harriers & AC	10	41	64	73	188
38	710	Scott	Hargreaves	Bridlington Road Runners	63	22	53	48	186
39	805	Kevin	Anholm	Withernsea Harriers	10	74	10	91	185
40	828	Andy	Steel	Kingston Upon Hull AC	0	76	48	61	185
41	639	Julie	Salvidge	East Hull Harriers & AC	84	0	10	89	183
42	646	Kirsty	Wilson	East Hull Harriers & AC	41	20	55	58	174
43	773	Richard	Stanton	East Hull Harriers & AC	77	54	32	10	173
44	772	Graeme	Smith	East Hull Harriers & AC	10	100	10	50	170
45	718	Kevin	McManus	City of Hull AC	67	43	18	40	168
46	633	Dawn	Oades	East Hull Harriers & AC	50	97	10	10	167
46	761	Paul	Nippres	East Hull Harriers & AC	71	10	86	0	167
48	745	Andrew	Deyes	East Hull Harriers & AC	0	0	81	82	163
49	719	Mike	O'Brien	City of Hull AC	10	54	82	16	162
50	664	Florence	Henderson	Unattached	100	41	10	10	161
51	610	Janet	Potter	Bridlington Road Runners	70	61	10	19	160
52	784	Kelvin	Westerman	East Hull Harriers & AC	60	89	0	10	159
52	824	Mike	Hargreaves	East Hull Harriers & AC	0	63	66	30	159
54	777	Paul	Teece	East Hull Harriers & AC	0	83	10	63	156
55	628	Alison	Hayes	East Hull Harriers & AC	51	57	10	34	152
55	760	Vincent	McGowan	East Hull Harriers & AC	68	29	10	45	152
57	711	Martin	Hutchinson	Bridlington Road Runners	97	10	10	34	151
58	715	Ian	McCoid	City of Hull AC	23	51	76	0	150
58	735	Mark	Bissell	East Hull Harriers & AC	55	50	10	35	150
60	603	Tina	Wardropper	Beverley AC	95	34	10	10	149
60	625	Vicky	Godfrey	East Hull Harriers & AC	34	10	10	95	149
60	650	Allison	Coggan	Hornsea Harriers	10	65	74	0	149
63	736	Gary	Bogg	East Hull Harriers & AC	10	10	44	79	143
64	795	Drew	Wilson	Hornsea Harriers	10	46	75	10	141
65	806	Martin	Young	White City (Hull) RRC	10	10	37	83	140
66	706	Andrew	Tate	Beverley AC	10	54	65	10	139

67	774	Lewis	Suddaby	East Hull Harriers & AC	73	24	40	0	137
68	608	Diane	Palmer	Bridlington Road Runners	10	0	51	74	135
68	835	Marc	Needler	Unattached	0	38	87	10	135
70	776	Stephen	Taylor	East Hull Harriers & AC	25	99	10	0	134
71	627	Maxine	Hardey	East Hull Harriers & AC	88	34	10	0	132
71	825	Chris	Wilson	Unattached	0	74	10	48	132
73	629	Linda	Huart	East Hull Harriers & AC	58	29	44	0	131
73	641	Michelle	Smith	East Hull Harriers & AC	29	0	32	70	131
73	713	Adrian	Bushby	City of Hull AC	15	38	20	58	131
76	637	Nicky	Rudland	East Hull Harriers & AC	86	24	10	10	130
77	609	Kelly	Palmer	Bridlington Road Runners	10	0	28	89	127
77	811	Andrew A	Deyes	Unattached	10	74	0	43	127
79	839	Nigel	Sisson	East Hull Harriers & AC	0	21	41	64	126
80	606	Lisa	Cockcroft	Bridlington Road Runners	94	31	0	0	125
80	702	Stuart	Eskrett	Beverley AC	67	10	10	38	125
82	783	Rob	Waugh	East Hull Harriers & AC	10	10	10	94	124
82	838	Grzegozz	Semik	Unattached	0	0	35	89	124
84	843	Josh	Taylor	Bridlington Road Runners	0	0	64	59	123
85	722	Kevin	Penny	City of Hull AC	74	10	0	38	122
86	604	Heidi	Baker	Bridlington Road Runners	40	10	25	46	121
87	765	Steven	Poulsom	East Hull Harriers & AC	10	10	100	0	120
88	800	Mark	Shaw	Kingston Upon Hull AC	93	26	0	0	119
89	640	Rachael	Sharp	East Hull Harriers & AC	12	50	44	11	117
89	781	Martin	Walker	East Hull Harriers & AC	10	10	97	0	117
91	654	Abigail	Morgan	Hornsea Harriers	96	10	0	10	116
91	658	Sara	Morrow	Selby Striders	38	29	39	10	116
93	638	Katie	Seddon	East Hull Harriers & AC	85	10	10	10	115
93	737	Shaun	Bonnar	East Hull Harriers & AC	10	95	0	10	115
95	602	Jayne	Dale	Beverley AC	0	20	94	0	114
95	659	Suzanne	Clarkson	West Hull Ladies	10	84	10	10	114
95	667	Elizabeth	Lee	Hornsea Harriers	0	94	10	10	114
98	797	Gregan	Clarkson	Kingston Upon Hull AC	10	68	25	10	113
99	612	Jane	Welbourn	Bridlington Road Runners	92	0	10	10	112
99	657	Michelle	Sutton	Kingston Upon Hull AC	10	10	92	0	112
101	617	Ann	Allen	East Hull Harriers & AC	31	10	0	69	110
102	770	Kevin	Sharp	East Hull Harriers & AC	10	10	78	10	108
103	763	Ross	Parker	East Hull Harriers & AC	10	0	0	97	107
103	834	David	Leaming	Unattached	0	10	39	58	107
105	623	Carole	Fee	East Hull Harriers & AC	12	39	28	27	106
105	649	Magda	Zaremba	East Hull Harriers & AC	42	10	0	54	106
105	704	Lucas	Meagor	Beverley AC	0	10	15	81	106
105	741	David	Butt	East Hull Harriers & AC	0	10	0	96	106
109	827	Ben	Smith	Bridlington Road Runners	0	10	77	17	104
110	668	Verona	Petty	Bridlington Road Runners	0	20	81	0	101
111	759	Wayne	Martindale	East Hull Harriers & AC	13	59	28	0	100
112	701	James	Durham	Beverley AC	78	10	10	0	98
112	814	Terry	Parker	Unattached	0	88	10	0	98
114	727	Mike	Abbotts	Durham City Harriers & AC	64	0	10	23	97
114	733	Shaun	Barley	East Hull Harriers & AC	10	30	35	22	97
114	757	Adrian	Kamis	East Hull Harriers & AC	40	13	19	25	97
114	766	Paul	Ream	East Hull Harriers & AC	10	47	0	40	97
114	809	Alan	Catton	Unattached	10	10	10	67	97
119	651	Sam	Graystone	Hornsea Harriers	0	96	0	0	96
120	791	Paul	Rogers	Hornsea Harriers	49	10	10	26	95
120	799	Paul	Osborne	Kingston Upon Hull AC	23	57	15	0	95
122	714	Paul	Cartwright	City of Hull AC	17	10	56	10	93
123	669	Samantha	Middleton-Frankton	Hornsea Harriers	0	91	0	0	91
123	832	Chris	Knowles	East Hull Harriers & AC	0	10	10	71	91
125	726	Jazz	Edeson	Driffield Striders	46	0	10	34	90
126	779	Stephen	Tichopad	East Hull Harriers & AC	69	0	10	10	89
126	808	Sam	Brown	Unattached	20	10	18	41	89
128	662	Jen	Walker	West Hull Ladies	10	10	68	0	88
128	769	Karl	Rolstone	East Hull Harriers & AC	10	10	68	0	88
130	837	Paul	Andrews	East Hull Harriers & AC	0	87	0	0	87
131	620	Beth	Dearing	East Hull Harriers & AC	65	0	10	10	85
131	755	Ashley	Jacketts	East Hull Harriers & AC	10	10	55	10	85
133	793	Craig	Waites	Hornsea Harriers	61	10	0	10	81

134	830	Steven	Boyes	Unattached	0	10	70	0	80
135	789	Michael	Felice	Hornsea Harriers	10	10	48	10	78
136	712	Graham	Lonsdale	Bridlington Road Runners	56	10	0	10	76
136	820	Peter	Royal	Bridlington Road Runners	0	0	0	76	76
138	653	Justine	Lowe	Hornsea Harriers	55	10	0	10	75
139	801	Andrew	Bishop	Pudsey Pacers	43	10	10	10	73
139	823	Phil	Taylor	Bridlington Road Runners	0	10	53	10	73
141	647	Emily	Wix	East Hull Harriers & AC	26	0	36	10	72
141	803	Richard	Harrison	Selby Striders	52	10	10	0	72
143	607	Zoe	Ellis	Bridlington Road Runners	10	10	22	29	71
143	798	Lee	Craven	Kingston Upon Hull AC	23	10	10	28	71
145	841	Martin	Dean	Unattached	0	69	0	0	69
146	652	Jackie	Kirman	Hornsea Harriers	38	10	10	10	68
147	732	Farhat	Baig	East Hull Harriers & AC	10	16	10	31	67
148	728	Lee	Alcock	East Hull Harriers & AC	44	10	12	0	66
148	788	Stephen	Braddock	Hornsea Harriers	10	46	0	10	66
150	790	Mark	Parker	Hornsea Harriers	55	10	0	0	65
151	792	John	Tansey	Hornsea Harriers	34	10	10	10	64
152	829	Jim	Crisp	City of Hull AC	0	63	0	0	63
153	750	Neil	Gordon	East Hull Harriers & AC	0	46	15	0	61
154	810	Lee	Daniels	Unattached	10	26	10	10	56
155	742	Adam	Callan	East Hull Harriers & AC	23	20	10	0	53
156	648	Kerry	Young	East Hull Harriers & AC	10	10	32	0	52
157	744	Steve	Cronan	East Hull Harriers & AC	10	16	10	12	48
157	818	Graham	Havercroft	East Hull Harriers & AC	0	38	10	0	48
159	780	Andrew	Tweddell	East Hull Harriers & AC	10	16	10	10	46
160	840	Andy	Johnson	Beverley AC	0	10	35	0	45
161	622	Anthea	Eskrett	East Hull Harriers & AC	34	0	10	0	44
162	665	Kirsten	Porter	Bridlington Road Runners	0	10	10	22	42
162	666	Amanda	Tindall	Bridlington Road Runners	0	10	10	22	42
164	655	Claire	Spear	Hornsea Harriers	10	10	10	10	40
164	663	Dawn	Farmer	Unattached	20	10	10	0	40
164	764	Matthew	Pinder	East Hull Harriers & AC	29	11	0	0	40
164	767	Paul	Reed	East Hull Harriers & AC	10	10	10	10	40
164	786	Chris	Wiles	East Hull Harriers & AC	10	10	10	10	40
164	794	Mark	Williamson	Hornsea Harriers	10	10	10	10	40
170	821	Duncan	Smart	Scarborough AC	0	0	0	38	38
171	626	Laura	Gunstead-Palframan	East Hull Harriers & AC	10	10	10	0	30
171	635	Sarah	Padfield	East Hull Harriers & AC	10	0	10	10	30
171	723	Stephen	Rennie	City of Hull AC	10	10	10	0	30
171	725	Patrick	Walker	City of Hull AC	10	0	10	10	30
171	747	Gary	Forrester	East Hull Harriers & AC	10	0	10	10	30
171	768	Matthew	Robinson	East Hull Harriers & AC	10	10	10	0	30
171	826	Martin	Howman	East Hull Harriers & AC	0	10	10	10	30
178	739	Stuart	Buchanan	East Hull Harriers & AC	0	0	10	19	29
179	730	Shaun	Alcock	East Hull Harriers & AC	18	0	10	0	28
180	614	Kate	O'Brien	City of Hull AC	0	10	0	15	25
181	705	Steve	Parkinson	Beverley AC	14	10	0	0	24
182	842	Paul	Poucher	Unattached	0	0	12	10	22
183	613	Angela	Davis	City of Hull AC	10	10	0	0	20
183	645	Chloe	Wilson	East Hull Harriers & AC	0	10	10	0	20
183	656	Leanne	Kilvington	Humber Triathletes	10	10	0	0	20
183	671	Wioleta	Zurek	Unattached	0	0	10	10	20
183	672	Sharon	Bowes	Bridlington Road Runners	0	10	10	0	20
183	717	Andy	Guymer	City of Hull AC	10	0	10	0	20
183	720	Thomas	O'Brien	City of Hull AC	0	10	10	0	20
183	738	Luke	Bramley	East Hull Harriers & AC	0	10	10	0	20
183	743	Keith	Conkerton	East Hull Harriers & AC	0	10	10	0	20
183	749	Guy	Gibson	East Hull Harriers & AC	10	0	0	10	20
183	752	Sean	Higgins	East Hull Harriers & AC	10	10	0	0	20
183	782	David	Walmsley	East Hull Harriers & AC	0	0	10	10	20
183	807	Jamie	Agius	Unattached	10	10	0	0	20
183	816	Anthony	Whitley	Unattached	0	0	10	10	20
183	819	Jason	MaCoubrey	Hornsea Harriers	0	10	10	0	20
183	836	Andy	Baker	Bridlington Road Runners	0	10	0	10	20
199	751	Tim	Groves	East Hull Harriers & AC	0	0	10	0	10
199	762	Ellis	Oliver	East Hull Harriers & AC	0	0	10	0	10

201	616	Carla	Stansfield	City of Hull AC	0	0	0	0	0
201	618	Tracey	Ashton	East Hull Harriers & AC	0	0	0	0	0
201	631	Janet	Kay	East Hull Harriers & AC	0	0	0	0	0
201	636	Sara	Rookyard	East Hull Harriers & AC	0	0	0	0	0
201	708	Danny	Brunton	Bridlington Road Runners	0	0	0	0	0
201	729	Tony	Alcock	East Hull Harriers & AC	0	0	0	0	0
201	734	Dave	Bell	East Hull Harriers & AC	0	0	0	0	0
201	754	Neil	Hudgell	East Hull Harriers & AC	0	0	0	0	0
201	756	Gary	Jensen	East Hull Harriers & AC	0	0	0	0	0
201	758	Lance	Kirlew	East Hull Harriers & AC	0	0	0	0	0
201	775	Chris	Sumpton	East Hull Harriers & AC	0	0	0	0	0
201	812	Mark	Moore	Unattached	0	0	0	0	0
201	817	Paul	Davis	City of Hull AC	0	0	0	0	0
201	822	Graham	Justice	City of Hull AC	0	0	0	0	0
201	831	Stephen	Maddison	York Knavesmire	0	0	0	0	0