

| Position | Male | Female | Number | Runner | Club | Cat | Time |
|----------|------|--------|--------|-------------------|--------------------------|-------|-------|
| 1 | 1 | | 17 | James Johnson | Beverley Athletic Club | M Sen | 20:14 |
| 2 | 2 | | 1 | Ben Sadowj | Barton & District AC | M Sen | 20:44 |
| 3 | 3 | | 72 | Steve Bateson | East Hull Harriers & AC | M45 | 20:47 |
| 4 | 4 | | 21 | Robert Sparkes | Beverley Athletic Club | M Sen | 21:13 |
| 5 | 5 | | 165 | John Riddiough | N/A | M Sen | 22:12 |
| 6 | 6 | | 146 | Gregan Clarkson | Kingston upon Hull AC | M40 | 22:20 |
| 7 | 7 | | 68 | Shaun Alcock | East Hull Harriers & AC | M Sen | 22:35 |
| 8 | 8 | | 292 | Neil Seddon | East Hull Harriers & AC | M Sen | 22:51 |
| 9 | 9 | | 46 | Lee Hammond | City of Hull AC | M Sen | 22:53 |
| 10 | 10 | | 167 | David Tyas | N/A | M Sen | 22:58 |
| 11 | 11 | | 309 | Nigel Sisson | East Hull Harriers & AC | M50 | 23:00 |
| 12 | 12 | | 268 | Daniel Woodforth | Barton & District AC | M Sen | 23:01 |
| 13 | 13 | | 10 | Darren Edge | Beverley Athletic Club | M55 | 23:05 |
| 14 | 14 | | 94 | Luke Jackson | East Hull Harriers & AC | M Sen | 23:09 |
| 15 | 15 | | 267 | Jim Harlock | City of Hull AC | M55 | 23:13 |
| 16 | 16 | | 270 | Harry Storr | Barton & District AC | M Sen | 23:17 |
| 17 | 17 | | 283 | Ian McFarlane | Garse Ube Harriers | M40 | 23:18 |
| 18 | 18 | | 326 | Rob Gray | East Hull Harriers & AC | M Sen | 23:30 |
| 19 | 19 | | 122 | Sean Thompson | East Hull Harriers & AC | M Sen | 23:34 |
| 20 | 20 | | 318 | Peter Renvoise | N/A | M Sen | 23:54 |
| 21 | 21 | | 139 | Mark Williamson | Hornsea Harriers | M50 | 23:55 |
| 22 | 22 | | 129 | David Wilson | East Hull Harriers & AC | M Sen | 24:04 |
| 23 | 23 | | 127 | Darren White | East Hull Harriers & AC | M40 | 24:12 |
| 24 | 24 | | 170 | Jarrad Englestown | Selby Striders | M40 | 24:15 |
| 25 | 25 | | 121 | Paul Teece | East Hull Harriers & AC | M45 | 24:20 |
| 26 | 26 | | 315 | Martin Smith | City of Hull AC | M Sen | 24:27 |
| 27 | 27 | | 86 | Mark Gadie | East Hull Harriers & AC | M40 | 24:30 |
| 28 | | 1 | 104 | Venika Moverley | East Hull Harriers & AC | F Sen | 24:43 |
| 29 | 28 | | 285 | Mark Nettleton | Barton & District AC | M55 | 25:08 |
| 30 | 29 | | 171 | Richard Harrison | Selby Striders | M50 | 25:09 |
| 31 | 30 | | 42 | James Durham | City of Hull AC | M40 | 25:10 |
| 32 | 31 | | 51 | Nick Maynard | City of Hull AC | M45 | 25:12 |
| 33 | 32 | | 37 | Rob Alexander | City of Hull AC | M45 | 25:14 |
| 34 | 33 | | 84 | Ben Eves | East Hull Harriers & AC | M40 | 25:16 |
| 35 | 34 | | 119 | Richard Stanton | East Hull Harriers & AC | M45 | 25:18 |
| 36 | 35 | | 117 | Alan Smith | East Hull Harriers & AC | M50 | 25:20 |
| 37 | 36 | | 8 | Mark Dalton | Beverley Athletic Club | M60 | 25:32 |
| 38 | 37 | | 282 | Paul Bennett | East Hull Harriers & AC | M50 | 25:36 |
| 39 | 38 | | 325 | Matt Dass | N/A | M45 | 25:46 |
| 40 | 39 | | 286 | Colin Jobber | Barton & District AC | M50 | 25:53 |
| 41 | 40 | | 321 | James Cook | N/A | M45 | 26:02 |
| 42 | 41 | | 136 | Peter Cork | Hornsea Harriers | M45 | 26:17 |
| 43 | 42 | | 89 | Tim Groves | East Hull Harriers & AC | M50 | 26:18 |
| 44 | 43 | | 101 | Liam Feasey | East Hull Harriers & AC | M Sen | 26:27 |
| 45 | | 2 | 131 | Kerry Young | East Hull Harriers & AC | F35 | 26:31 |
| 46 | 44 | | 144 | Thomas Aitchison | Kingston upon Hull AC | M Sen | 26:40 |
| 47 | 45 | | 38 | Paul Cartwright | City of Hull AC | M65 | 26:41 |
| 48 | 46 | | 307 | Andy Johnson | Beverley Athletic Club | M50 | 26:44 |
| 49 | 47 | | 154 | Paul Osborne | Lonely Goat RC | M45 | 26:50 |
| 50 | 48 | | 266 | Simon Ellerker | Bridlington Road Runners | M50 | 26:51 |
| 51 | 49 | | 312 | Mark May | Scarborough AC | M55 | 26:55 |
| 52 | 50 | | 105 | Paul Nippres | East Hull Harriers & AC | M60 | 26:58 |
| 53 | 51 | | 111 | Dave Playforth | East Hull Harriers & AC | M55 | 27:00 |
| 54 | 52 | | 173 | Simon Adcock | Team Project Run | M Sen | 27:21 |
| 55 | 53 | | 43 | John Escritt | City of Hull AC | M60 | 27:28 |
| 56 | 54 | | 274 | Harry Burkitt | East Hull Harriers & AC | M Jun | 27:29 |
| 57 | | 3 | 287 | Charlotte Sherman | Beverley Athletic Club | F Sen | 27:34 |
| 58 | 55 | | 103 | Wayne Martindale | East Hull Harriers & AC | M55 | 27:40 |
| 59 | 56 | | 59 | Rich Rex | City of Hull AC | M50 | 27:45 |
| 60 | | 4 | 130 | Kirsty Wilson | East Hull Harriers & AC | F50 | 27:48 |

| | | | | | | | |
|-----|-----|----|-----|---------------------|--------------------------|-------|-------|
| 61 | 57 | | 9 | Matt Edey | Beverley Athletic Club | M45 | 27:53 |
| 62 | 58 | | 116 | Kevin Sharp | East Hull Harriers & AC | M40 | 27:56 |
| 63 | 59 | | 298 | Ashley Porter | Bridlington Road Runners | M Sen | 28:03 |
| 64 | 60 | | 112 | Karl Rolstone | East Hull Harriers & AC | M40 | 28:08 |
| 65 | 61 | | 18 | William Pike | Beverley Athletic Club | M55 | 28:09 |
| 66 | 62 | | 305 | Gary Bogg | East Hull Harriers & AC | M Sen | 28:10 |
| 67 | 63 | | 296 | Joe Oldroyd | N/A | M Sen | 28:14 |
| 68 | 64 | | 44 | Alex Evans | City of Hull AC | M Sen | 28:15 |
| 69 | 65 | | 289 | Ellis Oliver | East Hull Harriers & AC | M Sen | 28:18 |
| 70 | 66 | | 290 | Dale Bridges | City of Hull AC | M40 | 28:20 |
| 71 | 67 | | 70 | Shaun Atkinson | East Hull Harriers & AC | M40 | 28:21 |
| 72 | 68 | | 265 | Dan Newton | East Hull Harriers & AC | M45 | 28:24 |
| 73 | 69 | | 2 | Mark Walby | Barton & District AC | M50 | 28:27 |
| 74 | 70 | | 52 | Ian McCoid | City of Hull AC | M60 | 28:33 |
| 75 | | 5 | 176 | Karen Park | West Hull Ladies | F55 | 28:36 |
| 76 | 71 | | 16 | Martin Greensill | Beverley Athletic Club | M55 | 28:38 |
| 77 | 72 | | 6 | Paul Clark | Beverley Athletic Club | M50 | 28:39 |
| 78 | 73 | | 27 | Micah Gibson | Bridlington Road Runners | M Jun | 28:40 |
| 79 | 74 | | 60 | Jonathan Shaw | City of Hull AC | M45 | 28:41 |
| 80 | 75 | | 74 | Shaun Bonnar | East Hull Harriers & AC | M40 | 28:44 |
| 81 | 76 | | 156 | Paul Rogers | Lonely Goat RC | M Sen | 28:45 |
| 82 | 77 | | 14 | Matthew Frampton | Beverley Athletic Club | M Sen | 28:46 |
| 83 | | 6 | 87 | Phoebe Gawthorpe | East Hull Harriers & AC | F Sen | 28:57 |
| 84 | 78 | | 29 | Graham Lonsdale | Bridlington Road Runners | M55 | 28:59 |
| 85 | | 7 | 172 | Sara Harrison | Selby Striders | F50 | 29:01 |
| 86 | | 8 | 133 | Adriana Anghel | Friends and Runners | F Sen | 29:08 |
| 87 | | 9 | 303 | Sophie Brown | Beverley Athletic Club | F Sen | 29:15 |
| 88 | 79 | | 304 | Mo Omidi | Beverley Athletic Club | M Sen | 29:16 |
| 89 | | 10 | 7 | Jayne Dale | Beverley Athletic Club | F60 | 29:18 |
| 90 | 80 | | 57 | Kevin Penny | City of Hull AC | M60 | 29:19 |
| 91 | 81 | | 3 | Ben Atkinson | Beverley Athletic Club | M Sen | 29:20 |
| 92 | | 11 | 147 | Anushka McCann | Kingston upon Hull AC | F40 | 29:37 |
| 93 | 82 | | 13 | Alan Flint | Beverley Athletic Club | M70 | 29:39 |
| 94 | 83 | | 159 | James Crabtree | N/A | M40 | 29:47 |
| 95 | 84 | | 276 | Jez Kaye | East Hull Harriers & AC | M50 | 29:48 |
| 96 | 85 | | 123 | Stephen Tichopad | East Hull Harriers & AC | M50 | 29:50 |
| 97 | 86 | | 301 | Lewis Parker | East Hull Harriers & AC | M Jun | 29:51 |
| 98 | 87 | | 319 | Lee Craven | N/A | M40 | 29:59 |
| 99 | 88 | | 100 | Christopher Knowles | East Hull Harriers & AC | M Sen | 30:01 |
| 100 | | 12 | 295 | Ellie Mills | N/A | F Sen | 30:02 |
| 101 | 89 | | 161 | Michael Dugan | N/A | M40 | 30:05 |
| 102 | 90 | | 317 | George Waterson | City of Hull AC | M Sen | 30:06 |
| 103 | 91 | | 12 | Dean Field | Beverley Athletic Club | M55 | 30:07 |
| 104 | 92 | | 157 | Mark Shaw | Lonely Goat RC | M40 | 30:30 |
| 105 | 93 | | 61 | Gary Smith | City of Hull AC | M50 | 30:46 |
| 106 | 94 | | 306 | John Dawson | N/A | M Sen | 30:50 |
| 107 | 95 | | 91 | Andy Heath | East Hull Harriers & AC | M Sen | 30:52 |
| 108 | 96 | | 11 | Stuart Eskrett | Beverley Athletic Club | M55 | 30:58 |
| 109 | | 13 | 264 | Gillian Taylor | Bridlington Road Runners | F50 | 31:05 |
| 110 | 97 | | 95 | Glynn Jennison | East Hull Harriers & AC | M40 | 31:12 |
| 111 | 98 | | 327 | Ian Coopland | Kingston upon Hull AC | M45 | 31:27 |
| 112 | 99 | | 126 | Robert Wells | East Hull Harriers & AC | M45 | 31:31 |
| 113 | | 14 | 90 | Alison Hayes | East Hull Harriers & AC | F45 | 31:42 |
| 114 | 100 | | 45 | Andy Guymer | City of Hull AC | M40 | 31:44 |
| 115 | | 15 | 30 | Kelly Palmer | Bridlington Road Runners | F Sen | 31:49 |
| 116 | | 16 | 269 | Kara Mainprize | Bridlington Road Runners | F35 | 31:55 |
| 117 | 101 | | 158 | James Baker | N/A | M Sen | 31:56 |
| 118 | | 17 | 168 | Nicola Wilson | N/A | F Sen | 31:57 |
| 119 | | 18 | 25 | Amy Fowler | Bridlington Road Runners | F35 | 31:58 |
| 120 | 102 | | 40 | Paul Davis | City of Hull AC | M45 | 32:05 |
| 121 | 103 | | 322 | Stephen Miller | N/A | M45 | 32:08 |

| | | | | | | | |
|-----|-----|----|-----|--------------------|--------------------------|-------|-------|
| 122 | 104 | | 178 | Ken Upshall | White City Hull RRC | M65 | 32:09 |
| 123 | 105 | | 20 | Simon Shiels | Beverley Athletic Club | M40 | 32:19 |
| 124 | 106 | | 140 | Chris Wilson | Hornsea Harriers | M55 | 32:21 |
| 125 | 107 | | 118 | Graeme Smith | East Hull Harriers & AC | M45 | 32:23 |
| 126 | 108 | | 80 | David Butt | East Hull Harriers & AC | M65 | 32:24 |
| 127 | 109 | | 149 | Craig Grady | Lonely Goat RC | M45 | 32:37 |
| 128 | 110 | | 64 | Patrick Walker | City of Hull AC | M45 | 32:46 |
| 129 | 111 | | 143 | Neil Adams | Jolly Tri Club | M45 | 32:47 |
| 130 | | 19 | 300 | Lynn Lockwood | N/A | F70 | 32:48 |
| 131 | 112 | | 82 | Daniel Ramsay | East Hull Harriers & AC | M Sen | 32:52 |
| 132 | 113 | | 71 | Farhat Baig | East Hull Harriers & AC | M45 | 32:57 |
| 133 | 114 | | 162 | Andrew Gibson | N/A | M55 | 33:06 |
| 134 | | 20 | 137 | Sam Graystone | Hornsea harriers | F50 | 33:07 |
| 135 | | 21 | 92 | Michelle Hillaby | East Hull Harriers & AC | F45 | 33:08 |
| 136 | | 22 | 31 | Diane Palmer | Bridlington Road Runners | F55 | 33:09 |
| 137 | | 23 | 4 | Carol Botterill | Beverley Athletic Club | F40 | 33:10 |
| 138 | | 24 | 115 | Julie Salvidge | East Hull Harriers & AC | F50 | 33:11 |
| 139 | 115 | | 155 | Rob Parritt | Lonely Goat RC | M50 | 33:12 |
| 140 | | 25 | 22 | Heidi Baker | Bridlington Road Runners | F40 | 33:18 |
| 141 | | 26 | 41 | Helen Duncan | City of Hull AC | F35 | 33:19 |
| 142 | 116 | | 148 | Andy Steel | Kingston upon Hull AC | M50 | 33:12 |
| 143 | | 27 | 35 | Dominique Webster | Bridlington Road Runners | F45 | 33:22 |
| 144 | 117 | | 263 | Josh Taylor | Bridlington Road Runners | M Sen | 33:23 |
| 145 | 118 | | 62 | Peter Taylor | City of Hull AC | M75 | 33:31 |
| 146 | | 28 | 32 | Verona Petty | Bridlington Road Runners | F45 | 33:43 |
| 147 | 119 | | 125 | David Walmsley | East Hull Harriers & AC | M55 | 33:49 |
| 148 | | 29 | 114 | Nicky Rudland | East Hull Harriers & AC | F45 | 33:56 |
| 149 | | 30 | 284 | Victoria Nettleton | Barton & District AC | F Jun | 33:58 |
| 150 | 120 | | 297 | Simon Porter | Bridlington Road Runners | M45 | 33:59 |
| 151 | 121 | | 271 | Graham Havercroft | N/A | M60 | 34:05 |
| 152 | 122 | | 278 | Shaun Fores | East Hull Harriers & AC | M60 | 34:06 |
| 153 | | 31 | 69 | Tracey Ashton | East Hull Harriers & AC | F50 | 34:16 |
| 154 | 123 | | 293 | Nigel Wallis | N/A | M50 | 34:27 |
| 155 | | 32 | 294 | Simone Wallis | N/A | F Sen | 34:33 |
| 156 | | 33 | 110 | Sarah Padfield | East Hull Harriers & AC | F35 | 34:34 |
| 157 | | 34 | 99 | Rachel Kemp | East Hull Harriers & AC | F45 | 34:37 |
| 158 | 124 | | 54 | Mike O'Brien | City of Hull AC | M60 | 34:45 |
| 159 | | 35 | 19 | Nicola Riley | Beverley Athletic Club | F55 | 34:48 |
| 160 | 125 | | 75 | David Borrill | East Hull Harriers & AC | M60 | 34:51 |
| 161 | | 36 | 108 | Becky Ockleton | East Hull Harriers & AC | F Sen | 34:54 |
| 162 | | 37 | 288 | Lindsey Oliver | N/A | F Sen | 34:57 |
| 163 | 126 | | 302 | Tim Heneghan | N/A | M55 | 35:02 |
| 164 | 127 | | 120 | Matthew Stevens | East Hull Harriers & AC | M50 | 35:04 |
| 165 | 128 | | 316 | Mark Waterson | City of Hull AC | M55 | 35:15 |
| 166 | 129 | | 138 | Craig Waites | Hornsea Harriers | M45 | 35:17 |
| 167 | 130 | | 23 | Robert Eyre | Bridlington Road Runners | M75 | 35:35 |
| 168 | 131 | | 277 | Mike Lamb | N/A | M40 | 35:36 |
| 169 | | 38 | 320 | Anne McHardy | N/A | F45 | 36:00 |
| 170 | | 39 | 77 | Nicola Bramley | East Hull Harriers & AC | F Sen | 36:07 |
| 171 | | 40 | 36 | Jane Welbourn | Bridlington Road Runners | F50 | 36:19 |
| 172 | 132 | | 279 | Laura Gunstead | East Hull Harriers & AC | M35 | 36:24 |
| 173 | 133 | | 107 | Gary Oades | East Hull Harriers & AC | M60 | 36:25 |
| 174 | | 41 | 163 | Jessica Nolan | N/A | F Sen | 36:26 |
| 175 | | 42 | 24 | Nicola Fowler | Bridlington Road Runners | F35 | 36:41 |
| 176 | | | 65 | Anthony Whitley | City of Hull AC | M55 | 36:49 |
| 177 | | 43 | 55 | Kate O'Brien | City of Hull AC | F35 | 37:06 |
| 178 | | 44 | 308 | Katrina Sidwell | Lonely Goat RC | F35 | 37:11 |
| 179 | | | 324 | Tony Goulding | East Hull Harriers & AC | M70 | 37:13 |
| 180 | | 45 | 299 | Victoria Smith | West Hull Ladies | F Sen | 37:40 |
| 181 | | | 310 | Pete Royal | Bridlington Road Runners | M70 | 37:49 |
| 182 | | 46 | 34 | Amanda Tindall | Bridlington Road Runners | F45 | 37:54 |

| | | | | | | | |
|-----|--|----|-----|----------------------|--------------------------|-------|----------|
| 183 | | 47 | 33 | Kirsten Porter | Bridlington Road Runners | F Sen | 37:55 |
| 184 | | 48 | 102 | Sheila Maddison | East Hull Harriers & AC | F60 | 37:58 |
| 185 | | 49 | 141 | Leanne Kilvington | Humber Triathletes | F40 | 38:01 |
| 186 | | | 145 | Paul Clarke | Kingston upon Hull AC | M75 | 38:21 |
| 187 | | 50 | 313 | Brenda May | Scarborough AC | F55 | 38:35 |
| 188 | | | 124 | Andrew Tweddell | East Hull Harriers & AC | M50 | 38:46 |
| 189 | | | 53 | Kevin McManus | City of Hull AC | M65 | 39:09 |
| 190 | | | 164 | Stephen Oxburgh | N/A | M60 | 39:27 |
| 191 | | | 311 | David Foster | Bridlington Road Runners | M65 | 39:37 |
| 192 | | 51 | 177 | Angharad Shepherdson | West Hull Ladies | F45 | 39:45 |
| 193 | | 52 | 323 | Anne Kelley | Bridlington Road Runners | F65 | 39:57 |
| 194 | | | 272 | Keith Gadie | East Hull Harriers & AC | M75 | 40:06 |
| 195 | | 53 | 26 | Lucinda Gibson | Bridlington Road Runners | F55 | 40:32 |
| 196 | | 54 | 273 | Janice Wilcox | East Hull Harriers & AC | F45 | 40:38 |
| 197 | | | 73 | Dave Bell | East Hull Harriers & AC | M60 | 40:46 |
| 198 | | | 160 | Lee Daniels | N/A | M55 | 41:06 |
| 199 | | 55 | 281 | Thaleia Sykioti | N/A | F Sen | 43:35 |
| 200 | | | 280 | Dmitrius Manolis | N/A | M Sen | 43:36 |
| 201 | | 56 | 135 | Ann Holmes | Friends And Runners | F50 | 44:05 |
| 202 | | 57 | 291 | Carol Miller | Friends And Runners | F50 | 44:06 |
| 203 | | 58 | 175 | Suzanne Clarkson | West Hull Ladies | F65 | 46:57 |
| 204 | | | 88 | Guy Gibson | East Hull Harriers & AC | M55 | 59:46 |
| 205 | | 59 | 275 | Jo Vince | East Hull Harriers & AC | F50 | 01:06:00 |

| Category | 1st | 2nd | 3rd | |
|----------|-----------------|----------------|---------------|------------------------|
| M Jun | Harry Burkitt | | | |
| M Sen | James Johnson | Ben Sadowyj | Steve Bateson | |
| M40 | Gregan Clarkson | | | |
| M45 | Paul Teece | | | |
| M50 | Nigel Sisson | | | |
| M55 | Darren Edge | | | |
| M60 | Mark Dalton | | | |
| M65 | Paul Cartwright | | | |
| M70 | Alan Flint | | | |
| M75 | Peter Taylor | | | |
| Team | James Johnson | Robert Sparkes | Darren Edge | Beverley Athletic Club |

| | | | | |
|-------|--------------------|-------------|-------------------|-------------------------|
| F Jun | Victoria Nettleton | | | |
| F Sen | Venika Moverley | Kerry Young | Charlotte Sherman | |
| F35 | Kara Mainprize | | | |
| F40 | Anushka McCann | | | |
| F45 | Alison Hayes | | | |
| F50 | Kirsty Wilson | | | |
| F55 | Karen Park | | | |
| F60 | Jayne Dale | | | |
| F65 | Anne Kelley | | | |
| F70 | Lynn Lockwood | | | |
| F75 | | | | |
| Team | Venika Moverley | Kerry Young | Kirsty Wilson | East Hull Harriers & AC |

| Wheelchair Race | | | | | |
|-----------------|--------|---------------|-------------------------|-------|-------|
| Position | Number | Athlete | Club | Cat | Time |
| 1 | 314 | Kalen Bennett | East Hull Harriers & AC | M Sen | 28:05 |