

Position	Number	Runner	Club	Cat	Time	Predicted	Difference	Points
1	139	Mark Williamson	Hornsea Harriers	M50	00:25:14	00:30:30	-05:16	40
2	126	Robert Wells	East Hull Harriers & AC	M45	00:30:41	00:33:05	-02:24	39
3	128	Chris Wiles	East Hull Harriers & AC	M45	00:28:16	00:29:18	-01:02	38
4	99	Rachel Kemp	East Hull Harriers & AC	F45	00:36:21	00:37:21	-01:00	37
5	42	James Durham	City of Hull AC	M40	00:25:29	00:26:04	-00:35	36
6	91	Andy Heath	East Hull Harriers & AC	M Sen	00:32:49	00:33:17	-00:28	35
7	44	Alex Evans	City of Hull AC	M Sen	00:29:17	00:29:37	-00:20	34
8	6	Paul Clark	Beverley Athletic Club	M50	00:29:30	00:29:25	00:05	33
9	125	David Walmsley	East Hull Harriers & AC	M55	00:39:20	00:39:13	00:07	32
10	118	Graeme Smith	East Hull Harriers & AC	M45	00:25:52	00:25:44	00:08	31
11	168	Nicola Wilson	N/A	F Sen	00:32:31	00:32:23	00:08	30
12	105	Paul Nippress	East Hull Harriers & AC	M60	00:26:35	00:26:23	00:12	29
13	140	Chris Wilson	Hornsea Harriers	M55	00:32:04	00:31:48	00:16	28
14	123	Stephen Tichopad	East Hull Harriers & AC	M50	00:30:57	00:30:39	00:18	27
15	70	Shaun Atkinson	East Hull Harriers & AC	M40	00:28:45	00:28:27	00:18	26
16	161	Michael Dugan	N/A	M40	00:30:44	00:30:21	00:23	25
17	30	Kelly Palmer	Bridlington Road Runners	F Sen	00:33:13	00:32:49	00:24	24
18	35	Dominique Webster	Bridlington Road Runners	F45	00:34:02	00:33:37	00:25	23
19	88	Guy Gibson	East Hull Harriers & AC	M55	00:54:31	00:54:04	00:27	22
20	127	Darren White	East Hull Harriers & AC	M40	00:24:35	00:24:08	00:27	21
21	129	David Wilson	East Hull Harriers & AC	M Sen	00:24:19	00:23:50	00:29	20
22	31	Diane Palmer	Bridlington Road Runners	F55	00:33:18	00:32:49	00:29	19
23	146	Gregan Clarkson	Kingston upon Hull AC	M40	00:23:18	00:22:47	00:31	18
24	7	Jayne Dale	Beverley Athletic Club	F60	00:30:00	00:29:27	00:33	17
25	28	Martin Hutchinson	Bridlington Road Runners	M50	00:26:45	00:26:07	00:38	16
26	38	Paul Cartwright	City of Hull AC	M65	00:28:23	00:27:44	00:39	15
27	46	Lee Hammond	City of Hull AC	M Sen	00:24:12	00:23:33	00:39	14
28	103	Wayne Martindale	East Hull Harriers & AC	M55	00:28:27	00:27:45	00:42	13
29	9	Matt Edey	Beverley Athletic Club	M45	00:28:26	00:27:44	00:42	12
30	110	Sarah Padfield	East Hull Harriers & AC	F35	00:35:21	00:34:38	00:43	11
31	156	Paul Rogers	Lonely Goat RC	M Sen	00:28:40	00:27:55	00:45	10
32	8	Mark Dalton	Beverley Athletic Club	M60	00:26:21	00:25:36	00:45	10
33	86	Mark Gadie	East Hull Harriers & AC	M40	00:26:14	00:25:26	00:48	10
34	49	Sophie Lee	City of Hull AC	F Sen	00:27:51	00:27:02	00:49	10
35	116	Kevin Sharp	East Hull Harriers & AC	M40	00:29:53	00:29:04	00:49	10
36	171	Richard Harrison	Selby Striders	M50	00:25:39	00:24:49	00:50	10
37	165	John Riddiough	N/A	M Sen	00:23:04	00:22:10	00:54	10
38	72	Steve Bateson	East Hull Harriers & AC	M45	00:21:38	00:20:41	00:57	10
39	172	Sara Harrison	Selby Striders	F50	00:29:49	00:28:51	00:58	10
40	164	Stephen Oxburgh	N/A	M60	00:42:41	00:41:39	01:02	10
41	130	Kirsty Wilson	East Hull Harriers & AC	F50	00:28:31	00:27:28	01:03	10
42	37	Rob Alexander	City of Hull AC	M45	00:27:04	00:25:58	01:06	10
43	167	David Tyas	N/A	M Sen	00:24:10	00:23:02	01:08	10
44	22	Heidi Baker	Bridlington Road Runners	F40	00:34:29	00:33:18	01:11	10
45	11	Stuart Eskrett	Beverley Athletic Club	M55	00:32:05	00:30:54	01:11	10
46	12	Dean Field	Beverley Athletic Club	M55	00:31:03	00:29:48	01:15	10
47	121	Paul Teece	East Hull Harriers & AC	M45	00:24:23	00:23:07	01:16	10
48	131	Kerry Young	East Hull Harriers & AC	F35	00:27:22	00:26:02	01:20	10
49	104	Venika Moverley	East Hull Harriers & AC	F Sen	00:25:25	00:24:04	01:21	10
50	65	Anthony Whitley	City of Hull AC	M55	00:36:47	00:35:20	01:27	10
51	177	Angharad Shepherdson	West Hull Ladies	F45	00:43:03	00:41:33	01:30	10
52	71	Farhat Baig	East Hull Harriers & AC	M45	00:34:18	00:32:47	01:31	10
53	14	Matthew Frampton	Beverley Athletic Club	M Sen	00:30:03	00:28:28	01:35	10
54	41	Helen Duncan	City of Hull AC	F35	00:35:15	00:33:40	01:35	10
55	107	Gary Oades	East Hull Harriers & AC	M60	00:38:46	00:37:09	01:37	10
56	147	Anushka McCann	Kingston upon Hull AC	F40	00:30:51	00:29:12	01:39	10
57	87	Phoebe Gawthorpe	East Hull Harriers & AC	F Sen	00:31:32	00:29:52	01:40	10
58	80	David Butt	East Hull Harriers & AC	M65	00:33:55	00:32:09	01:46	10
59	16	Martin Greensill	Beverley Athletic Club	M55	00:30:48	00:29:00	01:48	10
60	29	Graham Lonsdale	Bridlington Road Runners	M55	00:30:42	00:28:52	01:50	10
61	57	Kevin Penny	City of Hull AC	M60	00:30:36	00:28:46	01:50	10
62	124	Andrew Tweddell	East Hull Harriers & AC	M50	00:39:19	00:37:07	02:12	10
63	97	Adrian Kamis	East Hull Harriers & AC	M55	00:30:09	00:27:52	02:17	10
64	155	Rob Parritt	Lonely Goat RC	M50	00:36:23	00:34:04	02:19	10
65	159	James Crabtree	N/A	M40	00:31:42	00:29:23	02:19	10
66	82	Daniel Ramsay	East Hull Harriers & AC	M Sen	00:33:26	00:31:02	02:24	10
67	13	Alan Flint	Beverley Athletic Club	M70	00:33:07	00:30:42	02:25	10
68	151	Keith Jackson	Lonely Goat RC	M45	00:36:07	00:33:40	02:27	10

69	144	Thomas Aitchison	Kingston upon Hull AC	M Sen	00:30:52	00:28:20	02:32	10
70	62	Peter Taylor	City of Hull AC	M75	00:37:08	00:34:32	02:36	10
71	61	Gary Smith	City of Hull AC	M50	00:33:22	00:30:44	02:38	10
72	18	William Pike	Beverley Athletic Club	M55	00:30:43	00:27:49	02:54	10
73	119	Richard Stanton	East Hull Harriers & AC	M45	00:29:11	00:26:10	03:01	10
74	150	Sarah Greenley	Lonely Goat RC	F45	00:37:33	00:34:10	03:23	10
75	23	Robert Eyre	Bridlington Road Runners	M75	00:38:39	00:35:14	03:25	10
76	4	Carol Botterill	Beverley Athletic Club	F40	00:36:05	00:32:38	03:27	10
77	54	Mike O'Brien	City of Hull AC	M60	00:39:39	00:35:59	03:40	10
78	81	John Crosby	East Hull Harriers & AC	M65	00:43:04	00:38:23	04:41	10
79	69	Tracey Ashton	East Hull Harriers & AC	F50	00:38:58	00:34:16	04:42	10
80	145	Paul Clarke	Kingston upon Hull AC	M75	00:44:29	00:39:00	05:29	10