

East Hull Harriers Summer League Race 8 Hedon 4 Mile 23rd July 2019

Pos	Num	Fore name	Surname	Cat	Club	Finish Time
1	824	Mike	Hargreaves	M	East Hull Harriers & AC	21 : 29
2	823	Phil	Taylor	M40	Bridlington Road Runners	22 : 01
3	710	Scott	Hargreaves	M	Bridlington Road Runners	22 : 02
4	745	Andrew	Deyes	M	East Hull Harriers & AC	22 : 05
5	249	Gary	Couzens	M	East Hull Harriers & AC	22 : 37
6	244	David	Ball	M	City of Hull AC	22 : 44
7	232	Becky	Briggs	F	City of Hull AC	22 : 48
8	240	Richard	Buckle	M	East Hull Harriers & AC	23 : 00
9	735	Mark	Bissell	M	East Hull Harriers & AC	23 : 12
10	241	Mark	Potts	M40	Unattached	23 : 13
11	238	Darren	Edge	M50	Beverley AC	23 : 20
12	839	Nigel	Sisson	M50	East Hull Harriers & AC	23 : 22
13	740	Oliver	Burnett	JM	East Hull Harriers & AC	23 : 25
14	271	Lee	Hammond	M	Unattached	23 : 51
15	728	Lee	Alcock	M	East Hull Harriers & AC	23 : 58
16	226	Darren	White	M	East Hull Harriers & AC	24 : 01
17	843	Josh	Taylor	M	Bridlington Road Runners	24 : 08
18	713	Adrian	Bushby	M50	City of Hull AC	24 : 09
19	733	Shaun	Barley	M	East Hull Harriers & AC	24 : 10
20	794	Mark	Williamson	M45	Hornsea Harriers	24 : 26
21	247	Thomas	Mawer	M	East Hull Harriers & AC	24 : 37
22	803	Richard	Harrison	M50	Selby Striders	24 : 39
23	831	Stephen	Maddison	M45	York Knavesmire	24 : 41
24	224	Tom	Gelsthorpe	M	Unattached	24 : 42
25	771	Alan	Smith	M45	East Hull Harriers & AC	24 : 50
26	270	Martin	Smith	M	Unattached	24 : 52
27	783	Rob	Waugh	M	East Hull Harriers & AC	24 : 54
28	730	Shaun	Alcock	M	East Hull Harriers & AC	25 : 06
29	616	Carla	Stansfield	F	City of Hull AC	25 : 08
30	761	Paul	Nippress	M55	East Hull Harriers & AC	25 : 13
31	787	Dave	Wilson	M	East Hull Harriers & AC	25 : 19
32	703	Stephen	Logan	M	Beverley AC	25 : 24
33	748	Mark	Gadie	M40	East Hull Harriers & AC	25 : 27
34	840	Andy	Johnson	M50	Beverley AC	25 : 48
35	701	James	Durham	M	Beverley AC	25 : 53
36	753	Kristopher	Hopkins	M	East Hull Harriers & AC	26 : 02
37	723	Stephen	Rennie	M60	City of Hull AC	26 : 11
38	797	Gregan	Clarkson	M	Kingston Upon Hull AC	26 : 11
39	799	Paul	Osborne	M45	Kingston Upon Hull AC	26 : 20
40	830	Steven	Boyes	M	Unattached	26 : 26
41	714	Paul	Cartwright	M60	City of Hull AC	26 : 42
42	798	Lee	Craven	M	Kingston Upon Hull AC	26 : 54
43	751	Tim	Groves	M50	East Hull Harriers & AC	26 : 56
44	772	Graeme	Smith	M45	East Hull Harriers & AC	27 : 02
45	762	Ellis	Oliver	M	East Hull Harriers & AC	27 : 06
46	646	Kirsty	Wilson	F45	East Hull Harriers & AC	27 : 08
47	715	Ian	McCoid	M55	City of Hull AC	27 : 10
48	228	Jaroslav	Boch	M	Unattached	27 : 14

49	747	Gary	Forrester	M50	East Hull Harriers & AC	27 : 15
50	623	Carole	Fee	F45	East Hull Harriers & AC	27 : 21
51	836	Andy	Baker	M50	Bridlington Road Runners	27 : 21
52	749	Guy	Gibson	M50	East Hull Harriers & AC	27 : 34
53	808	Sam	Brown	M	Unattached	27 : 55
54	231	Mike	Dugan	M	East Hull Harriers & AC	27 : 57
55	248	Jake	Van Nuil	JM	East Hull Harriers & AC	27 : 59
56	711	Martin	Hutchinson	M50	Bridlington Road Runners	28 : 00
57	833	John	Escritt	M60	City of Hull AC	28 : 02
58	223	Anna	Cartwright	F	West Hull Ladies	28 : 03
59	273	Andy	Mayo	M45	Unattached	28 : 07
60	261	Kerry	Holliday	F	East Hull Harriers & AC	28 : 10
61	757	Adrian	Kamis	M55	East Hull Harriers & AC	28 : 10
62	625	Vicky	Godfrey	F40	East Hull Harriers & AC	28 : 18
63	776	Stephen	Taylor	M40	East Hull Harriers & AC	28 : 18
64	225	Martin	Hardey	M40	East Hull Harriers & AC	28 : 22
65	736	Gary	Bogg	M	East Hull Harriers & AC	28 : 29
66	264	Mike	Lockwood	M	Unattached	28 : 31
67	638	Katie	Seddon	F	East Hull Harriers & AC	28 : 33
68	252	April	Exley	F35	Bridlington Road Runners	28 : 34
69	706	Andrew	Tate	M55	Beverley AC	28 : 36
70	835	Marc	Needler	M	Unattached	28 : 41
71	269	Al	Chapman	M40	Unattached	28 : 44
72	791	Paul	Rogers	M	Hornsea Harriers	28 : 47
73	755	Ashley	Jacketts	JM	East Hull Harriers & AC	28 : 59
74	729	Tony	Alcock	M55	East Hull Harriers & AC	29 : 15
75	832	Chris	Knowles	M	East Hull Harriers & AC	29 : 17
76	647	Emily	Wix	F	East Hull Harriers & AC	29 : 22
77	630	Demi	Johnston	F	East Hull Harriers & AC	29 : 25
78	770	Kevin	Sharp	M	East Hull Harriers & AC	29 : 32
79	658	Sara	Morrow	F45	Selby Striders	29 : 35
80	796	Simon	Adcock	M	Kingston Upon Hull AC	29 : 58
81	712	Graham	Lonsdale	M50	Bridlington Road Runners	29 : 41
82	648	Kerry	Young	F	East Hull Harriers & AC	29 : 44
83	246	Mollie	Holehouse	F	Bridlington Road Runners	29 : 48
84	724	Peter	Taylor	M70	City of Hull AC	29 : 54
85	806	Martin	Young	M55	White City (Hull) RRC	30 : 01
86	606	Lisa	Cockcroft	F35	Bridlington Road Runners	30 : 02
87	802	Nigel	Pennington	M50	Scunthorpe & District AC	30 : 07
88	746	Chris	Flowers	M50	East Hull Harriers & AC	30 : 10
89	221	Richard	Alsop	M55	East Hull Harriers & AC	30 : 10
90	632	Venika	Moverley	F	East Hull Harriers & AC	30 : 11
91	230	Ben	Eves	M40	East Hull Harriers & AC	30 : 12
92	768	Matthew	Robinson	M	East Hull Harriers & AC	30 : 15
93	272	Jack	Hearnshaw	M	Unattached	30 : 20
94	265	Tom	Hopper	M	Unattached	30 : 21
95	834	David	Leaming	M	Unattached	30 : 24
96	779	Stephen	Tichopad	M50	East Hull Harriers & AC	30 : 25
97	219	Michael	Baggott	M65	City of Hull AC	30 : 29
98	811	Andrew A	Deyes	M60	Unattached	30 : 29

99	234	Alex	Thomas	M	Unattached	30 : 32
100	275	Samantha	Allen	F45	Beverley AC	30 : 36
101	828	Andy	Steel	M45	Kingston Upon Hull AC	30 : 46
102	660	Karen	Park	F50	West Hull Ladies	30 : 49
103	603	Tina	Wardropper	F55	Beverley AC	30 : 54
104	608	Diane	Palmer	F50	Bridlington Road Runners	30 : 54
105	220	Jeremy	Kaye	M50	East Hull Harriers & AC	30 : 56
106	818	Graham	Havercroft	M60	East Hull Harriers & AC	30 : 56
107	610	Janet	Potter	F60	Bridlington Road Runners	31 : 00
108	634	Shirley	Oglesby	F65	East Hull Harriers & AC	31 : 03
109	766	Paul	Ream	M50	East Hull Harriers & AC	31 : 08
110	657	Michelle	Sutton	F35	Kingston Upon Hull AC	31 : 15
111	742	Adam	Callan	M	East Hull Harriers & AC	31 : 19
112	622	Anthea	Eskrett	F40	East Hull Harriers & AC	31 : 25
113	722	Kevin	Penny	M60	City of Hull AC	31 : 26
114	619	Sarah-Rose	Crawford	F40	East Hull Harriers & AC	31 : 28
115	720	Thomas	O'Brien	M	City of Hull AC	31 : 30
116	235	Phil	Smith	M	Unattached	31 : 37
117	237	Mark	Newton	M50	Beverley AC	31 : 39
118	621	Linda	Douglas	F50	East Hull Harriers & AC	31 : 44
119	229	Rob	Parritt	M50	Unattached	31 : 45
120	250	Sam	Drury	F35	Unattached	31 : 46
121	767	Paul	Reed	M55	East Hull Harriers & AC	31 : 51
122	731	David	Anderson	M55	East Hull Harriers & AC	31 : 55
123	233	Peter	Thomas	M55	Unattached	31 : 55
124	759	Wayne	Martindale	M50	East Hull Harriers & AC	31 : 55
125	642	Jan	Suddaby	F55	East Hull Harriers & AC	32 : 02
126	243	Jonathan	Shaw	M40	City of Hull AC	32 : 03
127	262	Mark	Wannan	M55	Unattached	32 : 08
128	809	Alan	Catton	M60	Unattached	32 : 09
129	800	Mark	Shaw	M	Kingston Upon Hull AC	32 : 12
130	254	Liz	Stevenson	F40	Bridlington Road Runners	32 : 16
131	259	Patricia	Bielby	F65	Bridlington Road Runners	32 : 20
132	826	Martin	Howman	M50	East Hull Harriers & AC	32 : 27
133	242	Mark	Waterson	M55	City of Hull AC	32 : 29
134	784	Kelvin	Westerman	M65	East Hull Harriers & AC	32 : 30
135	276	Paul	Allen	M55	Beverley AC	32 : 31
136	255	Rob	Sprague	M	Unattached	32 : 32
137	752	Sean	Higgins	M	East Hull Harriers & AC	32 : 34
138	257	Marie	Hussey	F40	East Hull Harriers & AC	32 : 34
139	741	David	Butt	M65	East Hull Harriers & AC	32 : 45
140	617	Ann	Allen	F55	East Hull Harriers & AC	32 : 45
141	709	Robert	Eyre	M75	Bridlington Road Runners	32 : 49
142	640	Rachael	Sharp	F40	East Hull Harriers & AC	32 : 59
143	793	Craig	Waites	M45	Hornsea Harriers	33 : 01
144	609	Kelly	Palmer	F	Bridlington Road Runners	33 : 01
145	602	Jayne	Dale	F55	Beverley AC	33 : 03
146	643	Katy	White	F35	East Hull Harriers & AC	33 : 04
147	260	Amy	Wilkinson	F	East Hull Harriers & AC	33 : 04
148	732	Farhat	Baig	M40	East Hull Harriers & AC	33 : 42

149	227	Jason	Moss	M40	Unattached	33 : 43
150	814	Terry	Parker	M65	Unattached	33 : 46
151	743	Keith	Conkerton	M55	East Hull Harriers & AC	33 : 50
152	239	Stacy	Foxworthy	F35	West Hull Ladies	33 : 52
153	611	Dominique	Webster	F45	Bridlington Road Runners	34 : 01
154	607	Zoe	Ellis	F45	Bridlington Road Runners	34 : 02
155	819	Jason	MaCoubrey	M40	Hornsea Harriers	34 : 18
156	667	Elizabeth	Lee	F40	Hornsea Harriers	34 : 21
157	765	Steven	Poulsom	M55	East Hull Harriers & AC	34 : 25
158	601	Megan	Chown	F	Beverley AC	34 : 30
159	637	Nicky	Rudland	F40	East Hull Harriers & AC	34 : 32
160	639	Julie	Salvidge	F50	East Hull Harriers & AC	34 : 33
161	604	Heidi	Baker	F40	Bridlington Road Runners	34 : 41
162	769	Karl	Rolstone	M	East Hull Harriers & AC	34 : 48
163	725	Patrick	Walker	M45	City of Hull AC	34 : 57
164	626	Laura	Gunstead-Palframan	F35	East Hull Harriers & AC	35 : 03
165	815	Mike	Salvidge	M50	Unattached	35 : 08
166	258	John	Crosby	M60	East Hull Harriers & AC	35 : 16
167	651	Sam	Graystone	F45	Hornsea Harriers	35 : 20
168	788	Stephen	Braddock	M45	Hornsea Harriers	35 : 20
169	789	Michael	Felice	M	Hornsea Harriers	35 : 20
170	274	Fiona	Tomas	F	Unattached	35 : 24
171	245	Tracey	Holehouse	F50	Bridlington Road Runners	35 : 31
172	615	Karen	Scott	F45	City of Hull AC	35 : 39
173	267	Gary	Oades	M60	Unattached	35 : 40
174	719	Mike	O'Brien	M60	City of Hull AC	36 : 08
175	763	Ross	Parker	M70	East Hull Harriers & AC	36 : 14
176	810	Lee	Daniels	M50	Unattached	36 : 44
177	253	Rebecca	Chapman	F40	Bridlington Road Runners	37 : 03
178	633	Dawn	Oades	F40	East Hull Harriers & AC	37 : 09
179	256	Kirsty	Abel	F	Unattached	37 : 15
180	251	Jim	Abel	M60	City of Hull AC	37 : 16
181	614	Kate	O'Brien	F	City of Hull AC	37 : 19
182	813	Stephen	Oxburgh	M55	Unattached	37 : 20
183	782	David	Walmsley	M50	East Hull Harriers & AC	37 : 34
184	721	John	Pawson	M70	City of Hull AC	37 : 41
185	718	Kevin	McManus	M65	City of Hull AC	37 : 45
186	266	Tina	Mawer	F55	Unattached	37 : 46
187	645	Chloe	Wilson	JF	East Hull Harriers & AC	37 : 46
188	707	Paul	Brown	M65	Bridlington Road Runners	37 : 51
189	716	Jeffrey	Copping	M70	City of Hull AC	38 : 09
190	263	Mark	Wilkin	M	Unattached	38 : 14
191	268	Ray	Robinson	M70	Bridlington Road Runners	38 : 19
192	661	Angharad	Shepherdson	F40	West Hull Ladies	39 : 40
193	780	Andrew	Tweddell	M50	East Hull Harriers & AC	39 : 59
194	805	Kevin	Anholm	M60	Withernsea Harriers	40 : 02
195	635	Sarah	Padfield	F	East Hull Harriers & AC	40 : 08
196	666	Amanda	Tindall	F40	Bridlington Road Runners	40 : 13
197	665	Kirsten	Porter	F	Bridlington Road Runners	40 : 14
198	781	Martin	Walker	M55	East Hull Harriers & AC	40 : 48

199	662	Jen	Walker	F50	West Hull Ladies	41 : 35
200	656	Leanne	Kilvington	F35	Humber Triathletes	42 : 08
201	222	Phil	Dewberry	M70	Unattached	42 : 23
202	236	Joanne	Osborne	F45	Kingston Upon Hull AC	43 : 26
203	659	Suzanne	Clarkson	F60	West Hull Ladies	52 : 09